Medical Tapes

and how they are used

Medical tapes are used to secure dressings, support injured areas, and protect wounds while allowing appropriate movement and comfort. Different tapes are designed with specific properties such as stretch, waterproofing, adhesion strength, and breathability to suit various clinical situations.

Microporous



Washproof



Fabric / Elastic



Zinc Oxide



Medical Tapes

and how they are used

Microporous



641



685



616

Washproof



611

Fabric / Elastic



612

Zinc Oxide



604

Type of Tape	**Microporous** lightweight, paper-based tape. Breathable, easy to tear.	**Washproof** Less breathable, smooth texture.	**Fabric Elastic** Elastic and flexible, moves with the body with strong adhesion and mild support	**Zinc Oxide** Strong, durable, non-stretch cotton tape, coated with zinc oxide adhesive for strong adhesion.
Stretch	✗	✗	✓	✗
Waterproof	✗	✓	✗	✗
Adhesion	Light	Moderate	Moderate / Strong	Very Strong
Designed for	Sensitive skin, securing light dressings.	Securing dressings during bathing, protecting minor wounds from moisture.	Designed to secure dressings on areas that move frequently (joints etc). Minor sprains and muscle support.	Sports strapping, immobilising joints with a long-lasting hold.